



# New Earth Midwifery Tuesday Benavidez-Knight, MSN, CNM

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## Client Registration and Medical History

Name: \_\_\_\_\_ Date of first prenatal visit: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_ Email \_\_\_\_\_  
Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Marital Status: \_\_\_\_\_ Education: \_\_\_\_\_  
Occupation: \_\_\_\_\_ Employment: \_\_\_\_\_ Full/Part

**Husband or Partner:** \_\_\_\_\_  
Phone \_\_\_\_\_ Email \_\_\_\_\_  
Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Marital Status: \_\_\_\_\_ Education: \_\_\_\_\_  
Occupation: \_\_\_\_\_ Employment: \_\_\_\_\_ Full/Part

**Insurance Company:** \_\_\_\_\_ **ID#** \_\_\_\_\_

## Current Pregnancy Information

First day of your last menstrual period: \_\_\_\_\_ How often do you get your period? \_\_\_\_\_  
Conception Date (if known): \_\_\_\_\_  
Due date: \_\_\_\_\_ What is this based on? \_\_\_\_\_  
Feelings about this pregnancy: \_\_\_\_\_  
Physical and emotional concerns: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Previous Pregnancies: (include miscarriage and termination)

Date	# weeks	birth weight	normal or complications	Name of child
1. _____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____

4. \_\_\_\_\_  
 \_\_\_\_\_
5. \_\_\_\_\_  
 \_\_\_\_\_
6. \_\_\_\_\_  
 \_\_\_\_\_

In this pregnancy or previous pregnancies, have you had any of the following occurrences?

- |   |  |
|---|--|
| <input type="checkbox"/> Anemia                     | <input type="checkbox"/> Premature Labor                           |
| <input type="checkbox"/> Spotting or bleeding       | <input type="checkbox"/> Episiotomy or _____ tearing               |
| <input type="checkbox"/> Prolonged vomiting         | <input type="checkbox"/> Difficulty delivering placenta            |
| <input type="checkbox"/> Bladder infections         | <input type="checkbox"/> Hemorrhage                                |
| <input type="checkbox"/> Kidney infections          | <input type="checkbox"/> Severe depression pregnancy or postpartum |
| <input type="checkbox"/> High blood pressure        | <input type="checkbox"/> Difficulty breastfeeding                  |
| <input type="checkbox"/> Pre-eclampsia or eclampsia | <input type="checkbox"/> GBS                                       |
| <input type="checkbox"/> Diabetes                   | <input type="checkbox"/> Sick Newborn                              |

If yes, please explain: \_\_\_\_\_  
 \_\_\_\_\_

**Your Mother's Birth History**

# Pregnancies \_\_\_\_\_ Type of births/complications \_\_\_\_\_

**Gynecologic History**

Last pap smear \_\_\_\_\_ Normal/Abnormal \_\_\_\_\_

If abnormal, please describe: \_\_\_\_\_

Have you ever had any of the following problems? If so, When? How often? Please describe below.

- Vaginal yeast
- Pelvic infection
- Gonorrhea or chlamydia
- Fibroids, tumors, or ovarian cysts
- Syphilis

Do you or your partner have genital herpes? \_\_\_\_\_

**Your Health History**

Allergies: \_\_\_\_\_

**Have you had any health problems, including:**

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Measles                  | <input type="checkbox"/> Diabetes            | <input type="checkbox"/> Alcohol/Drug abuse         |
| <input type="checkbox"/> Varicose veins           | <input type="checkbox"/> Anemia              | <input type="checkbox"/> Surgery                    |
| <input type="checkbox"/> Gallbladder problems     | <input type="checkbox"/> Chickenpox          | <input type="checkbox"/> Asthma                     |
| <input type="checkbox"/> Seizures                 | <input type="checkbox"/> Thyroid disease     | <input type="checkbox"/> Depression                 |
| <input type="checkbox"/> Hepatitis/Liver          | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Tuberculosis               |
| <input type="checkbox"/> Cancer                   | <input type="checkbox"/> Kidney disease      | <input type="checkbox"/> Hernia                     |
| <input type="checkbox"/> Urinary tract infections | <input type="checkbox"/> Heart Problems      | <input type="checkbox"/> Blood disorder/transfusion |

Please comment on any checked problem, if complications arose: \_\_\_\_\_

Are you in an abusive relationship? \_\_\_\_\_ Are you safe? \_\_\_\_\_

Have you ever been molested or raped? \_\_\_\_\_

Can we discuss this event at this visit \_\_\_\_ yes or \_\_\_\_ NO (I don't want to discuss this right now)

**Family Medical History** (Check off if any of these apply to your mother, father, sister or brother)

- Cancer
- Tuberculosis
- Emotional disorders
- Heart disease
- High blood pressure
- Diabetes
- Multiple pregnancies (twins)
- Alcohol or drug abuse

Does anyone you have close contact with have Hepatitis B or C, or HIV? \_\_\_\_\_

Has anyone in your family or the baby's father's family been born with:

- A birth defect
- Down syndrome
- Spina bifida, anencephaly, or meningomyelocele (open spine).
- Hemophilia (excessive bleeding)
- Cleft Palate
- Cystic Fibrosis
- A child who was mentally retarded (If yes, list cause if known)
- Any inherited genetic or chromosomal disease or disorder not listed above
- A positive screen for sickle-cell trait

Do you smoke cigarettes? \_\_\_\_\_ Amount per day: \_\_\_\_\_

Marijuana? \_\_\_\_\_ Amount per day: \_\_\_\_\_

Are you trying to quit for this pregnancy? \_\_\_\_\_

Does your partner smoke? \_\_\_\_\_

Do you drink alcohol? \_\_\_\_\_ Amount and frequency: \_\_\_\_\_

During this pregnancy, have you used any other drugs? If so, explain when, type, and amount. (Answers will be held in strict confidence): \_\_\_\_\_

**Nutrition/ Diet / Eating Habits**

Describe your diet \_\_\_\_\_

Do you take any medications, vitamins, herbs or supplements? \_\_\_\_\_

Briefly describe what you do for exercise: \_\_\_\_\_

Briefly describe what you do for relaxation: \_\_\_\_\_

Please describe your life in a few words (happy, healthy, unhealthy, stressed out, etc....) \_\_\_\_\_

Signature of Midwife: \_\_\_\_\_ Date \_\_\_\_\_